TITLE: Depo-Provera Injection

Scope/Purpose: To provide protection against pregnancy

Division/Department: All HealthPoiNT facilities that administer Depo-Provera

Policy/Procedure #: _New_ _Replacement for:

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<td>February 05, 2014</td>
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 Responsible Party: Director of Clinical Quality, CMO, Director of Women’s Health

Procedure:

I. Equipment

   A. Depo-Provera injection
   B. Alcohol swab
   C. Band-Aid
   D. Gloves
   E. Depo flow sheet
   F. Patient chart
   G. Distribution log

II. Initial

   A. Patient must be seen by a provider and must have an order for the Depo injection in the electronic medical record. Patient must be on menses or regularly taking birth control pills, have a negative urine or venous HCG, or be at 6 week postpartum visit and breastfeeding, or five days from delivery if not breastfeeding.
   B. Take all vital signs.
   C. Review the warning signs, menstrual changes, and STD/HIV risks.
   D. Review the advantages and disadvantages.
   E. Explain the schedule for Depo-Provera and stress compliance (every 10-12 weeks).
   F. Give patient the education form on Depo-Provera.
   G. Explain that the patient must use condoms for 2 weeks following the initial injection as a precaution.
   H. Document on all of the above on a progress note and document injection on the Depo flowsheet.
   I. Apply gloves
   J. Give the injection into a large muscle – Gluteal is 1st choice for most patients, however if patient is morbidly obese give shot in the deltoid muscle in the upper arm.
   K. Discard the syringe and needle into the sharps container and the gloves in the trash can.
   L. Complete the encounter form
   M. Give the patient the date card that shows a reinjection in 10-12 weeks.
   N. Educate on the importance of taking Calcium supplement daily.
III. Reinjection – Nurse Visit

A. Escort the patient to an exam room
B. Obtain all vital signs
C. Check the date of last injection to ensure it falls within the 10-12 week schedule. If more than 13 weeks past last injection, contact provider for orders.
D. Assess menstrual bleeding
E. Assess satisfaction with this birth control method.
F. Educate on the importance of taking Calcium supplement daily.
G. Give injection.
**TITLE:** Depo-Provera Injections  
**Scope/Purpose:** To provide protection against pregnancy  
**Division/Department:** All Healthpoint Clinics

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<tr>
<td>February 5, 2014</td>
<td>Changes to the initial steps and no need to have consent signed anymore</td>
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